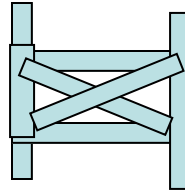


# Junior & Senior Trail Class 9 - 18

- ..... walk
- - - - Jog
- ~~~~~ Lope



- Enter at a jog
- Jog over logs
- Walk to and over bridge
- Lope to gate
- Walk through gate
- Lope to "back through"
- Turn around and back through as shown
- Jog to mailbox
- Side pass to mailbox
- Take mail out and show
- Lope to center
- Ground tie

