

Building Dynamic Groups



“Are You More Like.....Why?”

Objective: To break the ice in a group of strangers, break down barriers in groups, or help group members get to know each other.

Procedure: The leader may have the group physically separate and go to opposite sides of a room or space, changing sides as each new pair of “Are you more like....” is called.

Opposites might include:

- a. Airplane or bicycle
- b. Basketball or golf ball
- c. Pepsi Cola or white milk
- d. Door or window
- e. Blue jeans or a suit
- f. Computer or an adding machine
- g. Volkswagon or a Cadillac
- h. Giraffe or a hippopotamus
- i. Baked potato or French fries
- j. Television or radio