

Building Dynamic Groups



Incorporation

Objective: To break the ice in a group of strangers, break down barriers in groups, or help group members get to know each other.

Directions: This game is about forming and reforming groups as quickly as possible. Don't worry if you are not even into the first group by the time the next group is called, just head to the next group. The idea is to meet many different groups of people as fast as possible. Get into a group of three...go!

Other suggestions:

- A group of five with everyone having the same color eyes as you.
- With the same last digit in their phone number as yours.
- Wearing the same size shoe as you.
- Get into a group of three people and make the letter "H" with your bodies.
- Find everyone else born in the same month as you
- Think of the first vowel in your first name, find four with the same vowel.

Reference: Martin, R.R.; Weber, P.L.; Henderson, W. E.; Lafontaine, K. R.; Sachs, R. E.; Roth, J.; Cox, K. J.; Schaffner, D. (1987). Incorporation (Section 2 p.9). LASER D.I.S.C. Columbus, OH: Ohio State University Extension.