

Building Dynamic Groups



Weather Forecast

Objective: To break the ice in a group of strangers, break down barriers in groups, or help group members get to know each other..

Directions: Everyone relates how s/he is doing by giving a weather description (cloudy, sunny, etc.) or a number from 1 to 10 with 10 being great.

This gives a chance for everyone to know where each other is coming from and also gives the group facilitator a chance to decide what type of activity is needed for the group.