

Ice Breakers #15 Weather Forecast

Building Dynamic Groups



Weather Forecast

Objective: To break the ice in a group of strangers, break down barriers in groups, or help group members get to know each other..

Directions: Everyone relates how s/he is doing by giving a weather description (cloudy, sunny, etc.) or a number from 1 to 10 with 10 being great.

This gives a chance for everyone to know where each other is coming from and also gives the group facilitator a chance to decide what type of activity is needed for the group.

Reference: Martin, R.R.; Weber, P.L.; Henderson, W. E.; Lafontaine, K. R.; Sachs, R. E.; Roth, J.; Cox, K. J.; Schaffner, D. (1987). Weather Forecast (Section 2 p.7). LASER D.I.S.C. Columbus, OH: Ohio State University Extension.