

Building Dynamic Groups



Magic Carpet Ride

Equipment: One double bed sheet

Set-Up:

1. Lay sheet flat on the floor or ground.
2. Ask everyone to stand on the sheet. (12 to 18 people)

Objective: Turn the "Magic Carpet" (old sheet) over without anyone touching the floor or the ground in any way. No one may lift anyone off the sheet at any time.

Processing:

1. Who had the ideas to overcome the challenge?
2. Who was the leader of the group?
3. How many different solutions might there be?

Reference: Sachs, B. & zumFelde, P. (1998) Magic carpet ride. [Let me grow in peace- team challenge-asset building](#). (p. 10). (Available from Lutheran Social Services, T793 State Route 66, Archbold, OH 43502)