

## **1998-2000 OSU EXTENSION FAMILY AND CONSUMER SCIENCES KEYWORD DEFINITIONS**

For Family & Consumer Science Plans of Work and Reports of Results, consult the **Keyword Definitions** to determine the appropriate keyword to describe a specific programming effort. This process is of particular importance to Federal reporting. Some keywords do not have specific definitions. Use these keywords to describe general program efforts.

### **FOCUS: ECONOMY**

#### **DEVELOPMENT**

Income Generation/Home Based Business - home based business, sewing for profit, bed and breakfast, home day care, catering, craft marketing, family considerations in home based businesses, pricing your product or service.  
Job Skills

#### **MANAGEMENT**

Income Generation/Small Business Management - writing a business plan, financing a business, general marketing principles  
Optimizing Resources

### **FOCUS: ENVIRONMENT**

#### **WASTE MANAGEMENT**

Environmental Awareness and Education - increase awareness of interactions between humans and the systems they encounter -- biological, physical, social, etc.  
Household Hazardous Waste - increase awareness of household product use and proper disposal methods  
Recycling/Reusing - education awareness of practices to reduce consumption of products and packaging, re-use product for other purposes, and the use of post consumer products in overall system.

### **FOCUS: FAMILY/INDIVIDUAL/YOUTH DEVELOPMENT**

#### **MANAGEMENT OF FAMILY RESOURCES**

Clothing Decisions: Changing Needs - clothing selection, wardrobe planning, clothing throughout the life cycle, clothing for special needs such as elderly and persons with disabilities  
Clothing Management - stain removal, care and storage of clothing, wardrobe management.  
Consumer Credit - advantages and disadvantages (including costs) of consumer borrowing, debt management, use of credit, credit rating, credit bureaus, understanding interest charges.  
Consumer Information - providing sources of information on selection, use, and care of consumer products and services.  
Decision Making  
Economic Security - issues of homelessness, welfare, and poverty as they relate to resources acquisition and management and well-being of family members.  
Extending Resources - reuse, repair and maintenance, sweat equity and other alternatives to buying new products; clothing construction, mend, repair and resale  
Financial Planning/Mgt - longer-term financial planning and management (including retirement planning, saving and investing, risk management/insurance, selecting financial advisers, etc.)  
Goal Setting  
Housing - buying, selling and or renting a home, mortgage finance, working with housing professionals, landlord-tenant rights and responsibilities, and other consumer aspects of housing.

Job Preparation/Appearance Mgt. - preparing for the workforce - clothing, grooming, image management.

Job Readiness

#### **MANAGEMENT OF FAMILY RESOURCES (Continued)**

Limited Resource Audiences - the audience involved in Extension program beyond FNP, ENP, and Welfare Reform and includes subject matters beyond nutrition, money management and parenting

Managing Resources - Outlining and/or implementing the management process in application to household/family resources other than housing, finances, clothing, and food.

Money Management - FNP -basic budgeting done in the Family Nutrition Program.

Money Management - MMM - money management done in the Master Money Management Program

Money Management - other short-term money management (including budgeting and record keeping) done in programming other than FNP and MMM.

Time Management

#### **NUTRITION AND LIFESTYLE CHOICES**

Food Prep/Management - educational programs/activities related to food procurement/food preparation/meal management for individuals and groups

Food Security/Hunger - educational programs/activities related to food security (hunger); food availability and access for individuals, families and communities

Health Education/Nutrition -educational programs/activities related to the normal nutrition needs of nutrition component of wellness and health education programs

Nutrition & Lifestyle/Adults - educational programs/activities related to the normal nutrition needs of adults (ages 18-54 years) including dietary guidelines, Food Guide Pyramid, and Team Nutrition

Nutrition & Lifestyle/Children - educational programs/activities related to the normal nutrition needs of children (ages 1-11 years)

including dietary guidelines, Food Guide Pyramid, and Team Nutrition

Nutrition & Lifestyle/Infant - educational programs/activities related to the normal nutrition needs of infants (0-12 months)

Nutrition & Lifestyle/Older Adults- educational programs/activities related to the normal nutrition needs of older adults (ages 55 or older) including dietary guidelines, Food Guide Pyramid, and Team Nutrition

Nutrition & Lifestyle/Pregnant Teens - educational programs/activities related to the normal nutrition needs of pregnant adolescents

Nutrition & Lifestyle/Teens - educational programs/activities related to the normal nutrition needs of adolescents (ages 12-18 years) including dietary guidelines, Food Guide Pyramid, and Team Nutrition

#### **STRENGTHENING FAMILIES AND INDIVIDUALS**

Changing Family Structure - programming related to changes in family structure due to divorce, remarriage, death, births, and adult children leaving home.

Child Care- programming around family day cares, in-home child care, or child care centers. This would also include newsletters

such as Child Care Connections.

Communication & Interaction w/Others - programming around parent-child interaction, family communication, and conflict resolution.

Computer Skills

Elder Care - programming related to care giving, intergenerational programs, older adult development, or Senior Series.

Family Violence - programming around child abuse and neglect, domestic abuse, sexual abuse, and elder abuse.

Internet Applications

Life Span Development - programming related to infant development, child development, adolescent development, adult development, and older adult development.

Parenting - Programming around general parenting issues for infants through adult children. This would also include newsletters

such as Positive Parenting.

Strengthening Families - programming related to strengthening families. Some pertinent topics might include marital

enhancement, family rituals, and balancing work and family  
Stress Management Education - Stress Management Education- programming to reduce stress. Focus might include time and money management, relaxation strategies, biofeedback, and balancing work and family responsibilities.  
Teen Pregnancy - programming with pregnant teens.

## **HEALTH/SAFETY**

Clothing: Health /Safety Issues - sun safety, protective clothing for pesticide applicators, teen clothing choices and risky behaviors, eco-textiles.  
Community Health - community decision-making for policy, services, access, target audiences and issues.  
Environmental Health - impacts of environment on health status of humans, including invisible environments  
Food Safety - educational programs/activities related to creating and maintaining a safe food supply, including food preservation, HACCP, Keep Food Safe, Occasional Quantity Cooks  
Health Education - disease prevention and living skills for specific human conditions; program may include helping patients live with condition, and care givers needs  
Health Policy - implications of social, legislative and fiscal changes on individuals, families, and youth; programs could include subjects on Medicaid/Medicare changes, evaluating your health insurance, selecting & communicating with physician, women's health in today's system  
Healthy Lifestyle - increase awareness of interaction of factors of nutrition, exercise, tobacco, alcohol, UV exposure, and other things that impact human health status.  
Home Safety  
Indoor Air Quality - health-related effect of indoor air pollution from radon, lead, carbon monoxide, volatile organic compounds, mold and other biological contaminants, asbestos and other sources.  
Protective Clothing for Pesticide Applicators - selection and care of clothing and equipment used by pesticide applicators commercially, on farms or homeowners, care of pesticide contaminated clothing  
Wellness/Health Promotion - promoting healthy lifestyle choices in relation to basic human health condition to reduce risks for cardiovascular disease, cancer and hypertension

## **LIFE SKILLS/LIFE WORKS**

4-H Clothing Leader/Member Training - 4-H clothing programs and activities  
Employee Development - mentoring, school or welfare-to work transitions, work/life expectations and transitions, employment roles and goals  
Employer Development - marketing, partnering, providing programs to employers, asset mapping assessments  
Interpersonal (Internal) Development - managing attitude, perspective, change, stress, energy, motivation, self-esteem criticism, humor, loss, disappointment  
Job Readiness Development - training, job seeking strategies, resume writing, interview strategies, expectation assessments, action plans  
Role/Relationship Development - worker, family, team, volunteer, etc. relationship development; values and goals, elder and child care, communication, diversity  
Skill (External) Development - organizational skills appropriate for home and work tasks; time, money, food, leisure, home management  
Workplace Development - workplace policy exploration and development, negotiation, team development, group dynamics, boundaries, expectations, assessments, community building

## **FOCUS: LEADERSHIP**

### **LEADERSHIP/VOLUNTEERISM**

Collaborations - bringing organizations and groups together to focus on common goals  
Empowering Individuals - helping individuals to achieve personal and professional goals  
FCE (Family and Community Education) - a volunteer program that focuses on strengthening individuals, families and communities through education, leadership and action  
Futuring/Visioning - planning for future programs and activities

Group Process - skills necessary to lead a cohesive group that accomplishes tasks (communication, decision-making, developmental stages, task vs. relationship, conflict management)

Leadership Development - assisting individuals in developing skills to lead groups.

Master Clothing Educators Program- volunteer training in clothing construction, appearance and selection; 4-H clothing philosophy

Volunteer Development and Training - programming to develop leaders without financial compensation

#### **PUBLIC ISSUES EDUCATION**

FCL (Family and Community Leadership) - a FCE leadership development, education, and training program with application skills in leadership, public policy education and advocacy.

Family/Community Policies - assisting individuals, families, and communities in understanding laws and regulations

Food Law, Regulations and Labeling

Public Policy Education - development of active and effective citizens via training in public policy process, government structure coalitions/collaborations, influencing decisions and ethics.

Welfare Reform Policy - policies related to legislation and regulations on Welfare Reform issues.

